



eNewsletter (Text)

June 10, 2009

Introduction to Evidence-Based Approaches and Programs to Prevent Teen Pregnancy

The Alabama Campaign to Prevent Teen Pregnancy (<http://acptp.org/>) and the Alabama Department of Public Health (<http://www.adph.org/>) partnered together to host a training by Mary Martha Wilson from Healthy Teen Network. This training focuses on evidence-based approaches and programs used to prevent teen pregnancy. This three session training, as well as the training's materials and handouts, are now available for review/download online (<http://www.adph.org/ALPHTN/index.asp?id=3527#mod>).

Throughout Session I, participants will learn what is meant by evidence-based approaches to teen pregnancy prevention; identify how they are already using these approaches; and define an evidence-based teen pregnancy prevention program. At the end of Session II, participants will be able to define an evidence-based teen pregnancy prevention program; identify at least three evidence-based teen pregnancy prevention programs; and identify at least one evidence-based program that could "fit" with their youth and community. At the end of Session III, participants will be able to describe how the research was conducted to identify the characteristics of effective teen pregnancy prevention programs; name the three categories of characteristics; describe how to use the Tool to Assess the Characteristics of Effective Programs to assess or develop a program.

Evidence-Based Programs Offered For Review by the Alabama Campaign to Prevent Teen Pregnancy

The Alabama Campaign to Prevent Teen Pregnancy has recently added to their Resource Library and now has over ten evidence-based programs that are available for review! Some of these programs include: Be Proud! Be Responsible!, Reducing the Risk, SiHLE, and Teen Outreach Program (TOP). For more information on evidence-based programs and to view the complete list of programs available for review from the Alabama Campaign to Prevent Teen Pregnancy visit us on our website (<http://acptp.org/pages/?pageID=97>).

Defending the Adolescent Brain

Satellite Conference and Webcast

Thursday - June 11, 2009, 1:00 - 2:30 p.m. (Central Time)

For youth practitioners and health professionals, there is no hotter topic than the adolescent brain. While research offers us insights that can guide and improve our practice, it also raises concerns. Join us to discuss these concerns and generate talking points intended to further debate and re-frame the discussion.

For more information and to register visit the Alabama Department of Public Health's website (<http://www.adph.org/ALPHTN/Default.asp?id=1884>).

Relationship Redux: Tips and Scripts for Talking to Your Kids About Relationships

Let's face it, having meaningful conversations with your children about relationships is not for the faint of heart. This short publication (<http://www.acptp.org/uploadedFiles/Relationship%20Redux.pdf>) by the National Campaign to Prevent Teen and Unplanned Pregnancy (<http://www.thenationalcampaign.org/>) provides some thoughts on what to say to your children about relationships and underscores why it is so important to discuss the topic. We hope that it provides parents with encouragement to get the relationship conversations started. Right away.

Learning to Love MySpace: Web 2.0 as a Healthy Youth Development Strategy

Social networking websites are the latest craze in the communication world. MySpace is one of the most widely known sites and in 2006 it was the most popular social networking site in the United States. Teens, by far, are the most frequent users, and it's a hobby many adults, especially parents, wish kids would devote less time to. Not only are there technical concerns about viruses and hackers, there are also personal concerns over internet predators and bullies, and rightfully so.

There is no denying that social networking technologies are changing our world and playing an important role in the lives of young people, but our conversations are dominated by concerns over internet fears. View this workshop (<http://www.adph.org/ALPHTN/index.asp?id=3539>) offered by the Alabama Department of Public Health, Adolescent and School Health Coordinator, to learn about research that reveals the developmentally supportive ways young people are using the Internet and how we can use new technology in our educational programming.

May was National Teen Pregnancy Prevention Month!

Hundreds of thousands of teens nationwide, including teens from Alabama, participated in the eighth annual National Day to Prevent Teen Pregnancy. The purpose of the National Day is straightforward. Too many teens still think “It can’t happen to me.” The National Day helps teens understand that it *can* happen to them and that they need to think seriously about what they would do in the moment.

On the National Day, and throughout the entire month of May, teens nationwide were asked to go to The National Campaign to Prevent Teen and Unplanned Pregnancy’s teen website – *StayTeen.org* – and take a short, scenario-based quiz (available in English and Spanish). The quiz challenged young people to consider what they would do in a number of sexual situations. In 2009, more than 450,000 people participated in online National Day activities, including the National Day Quiz. In the past seven years, The National Campaign has reached more than 3.6 million individuals with the National Day Quiz.

For more details on this year’s National Day, please visit the National Campaign to Prevent Teen and Unplanned Pregnancy (<http://www.thenationalcampaign.org/national/>) or read their 2009 National Day Overview (http://www.thenationalcampaign.org/national/pdf/2009/2009_ND_overview.pdf).

Healthy Teen Network's 30th Annual Conference

Join Healthy Teen Network (<http://www.healthyteennetwork.org/>) as they celebrate 30 years of making a difference in the lives of teens and young families!

Healthy Teen Network’s 30th annual national conference features 50 workshops, keynote addresses by Dr. Michael Carrera and Michele Ozumba, and plenary sessions on connecting with youth through today’s technology and on collaborations that improve the health and well being of teens and young families. In response to the needs expressed by mid-to-high level management in the field, this year’s conference includes a Management/Administration Track. They also offer three skill-building pre-conference institutes for those who want in-depth training on important topics.

The Preliminary Conference Brochure (<http://healthyteennetwork.org/vertical/Sites/%7BB4D0CC76-CF78-4784-BA7C-5D0436F6040C%7D/uploads/%7BB7A05C23-C7E1-426A-98BE-1E68EC97B5AF%7D.PDF>) contains all the details you need!

The *Alabama Campaign to Prevent Teen Pregnancy’s eNewsletter* provides links to articles and websites with information on current events, research, funding opportunities and other items related to teen pregnancy prevention. The inclusion of this information does not imply endorsement by the Alabama Campaign to Prevent Teen Pregnancy (ACPTP) and the opinions expressed do not necessarily represent the official position, policies or views of ACPTP.