

Alabama Campaign to Prevent Teen Pregnancy

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Teen Pregnancy and Childbearing

Statistics, Social Issues and Effective Prevention

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Consumer Sciences
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Topics covered

- Definitions
- Teen Pregnancy and Childbearing Statistics
- Social Issues
- What Works to Prevent Teen Pregnancy? *Characteristics of Effective Programs*
- Beyond Today

Definitions. . .

- **Teen pregnancy rate** is calculated as the number of pregnancies per 1,000 in a specific population. In Alabama, the population is girls aged 10-19.
- **Teen birth rate** is calculated as the number of births per 1,000 in a specific population. In Alabama, the population is girls aged 10-19.
- **Effective programs** are those that have been rigorously evaluated and have been proven effective in changing behavior

Alabama Statistics '07...

Total pregnancies by age group

- 249 (ages <15)
- 3,997 (ages 15-17) **12,398 TOTAL**
- 8,152 (ages 18-19) **Rate: 39.7**

Total births by age group

- 136 (ages <15)
- 2,789 (ages 15-17) **8,776 TOTAL**
- 5,851 (ages 18-19)

Some related news...

According to results from the 2007 Youth Risk Behavior Survey (YRBS) there have been disturbing changes in sexual and contraceptive behaviors among high school youth:



- % who have ever had sex
- % who had sex before age 13
- % sexually active in past 3 months
- % who were ever forced to have sex
- % who experienced dating violence



- % who used a condom at last sex
- % who used the birth control pill at last sex

Social Issues Affected by Teen Pregnancy Childbearing

- Welfare dependency and poverty
- Child well-being
- Educational Achievement
- Responsible fatherhood
- Workforce development

What Works to Prevent Teen Pregnancy?

Characteristics of Effective Programs

Curriculum Development

Involved multiple people with different backgrounds and used a logic model approach focusing on relevant needs and assets of the youth being served.

Curriculum Content

Clear health goals focused on specific behaviors and addressing multiple risk and protective factors.

Characteristics of Effective Programs

Curriculum Implementation

Secured at least minimal support from appropriate authorities and selected, trained, monitored, supervised and supported educators to deliver the program.

Implemented virtually all activities with reasonable fidelity.

Beyond today. . .

- Provide teens with relationships education and include evidence-based education focused on teen pregnancy prevention.
- Teach teens about the healthy development of children and the ethical consequences of their relationship decisions on children.
- Make pregnancy prevention integral to the strategy to promote healthy relationships.

Beyond today. . .

- We must be thoughtful and deliberate in assessing, selecting and implementing programs that are evidence-based and have characteristics of effective programs.
- Engage the community: school administrators, local health officials, parents, youth, etc to implement what will work in preventing teen pregnancy, STD and HIV/AIDS among our adolescents.

Resources

Alabama Campaign to Prevent Teen Pregnancy

412 N. Hull Street

Montgomery, AL 36104

334-265-8004

www.acptp.org

The National Campaign to Prevent Teen and Unplanned Pregnancy

1776 Mass Ave, NW, Suite 200

Washington DC 20036

(202)478-8500

www.thenationalcampaign.org